

The New York Metro Area Chapter invites you to attend...

Building Career Insurance: How to Survive in a Downsizing World

Despite the screaming headlines about so many layoffs, more than 90 percent of American employees will weather the storm. **Will you be able to breathe a sigh of relief when things get better in 2010 or 2011? Attend this seminar to take charge of your career and find out.**

Non-members can attend this career strategy session at our special recession-buster price of only \$20! Dues-paying NY Metro Chapter members can attend at no charge.

Susanne Rhow from the Five O'Clock Club will also discuss:

- **Specific strategies to guide you in setting specific long-term career goals**
- **How to avoid getting derailed—and how to bounce back quickly, and keep on course when it does happen**
- **How to Move from Getting a Paycheck to Getting a Life: Engineering Career Change**
- **Specific strategies to guide you in making career changes that reflect your current and future professional/personal goals.**

In all likelihood, there will never be a time again when people can enjoy *job security*. It's no good to think about these things *after* you've been laid off. Every day that you're *in* your job, part of your focus should be on doing the right things to achieve your long-range goals. Susanne's presentation offers an excellent tool to strategize for 2010 and we encourage you to attend.

Speaker

Susanne Rhow
Five O'Clock Club

Susanne selected Five O'Clock Club Coach certification as a key credential for building her private practice. She specializes in the delivery of career coaching with a particular focus on implementing and managing career transitions. She has worked with clients from diverse industries and backgrounds, including: retail, financial services, law, & technology.

Susanne maintains an active full time private practice for individuals and corporations in the areas of job search, career management & executive coaching. She has worked with many Fortune 500 firms, facilitating leadership management seminars for their high potential Asian-American employees. Her most recent position in corporate life was Vice President at Sotheby's Auction House in New York City. Susanne's previous executive positions included such companies as Estee Lauder International, Cisco Systems, and Saks Fifth Avenue. She has seamlessly moved between multiple careers and industries throughout her corporate career. She graduated from Stuyvesant High School, holds a Business Degree from Georgetown University, and has studied at The Sorbonne in Paris. Susanne has lived and worked in London, Paris, Hong Kong, Seoul, San Francisco and New York.

Date: April 22, 2009

Time: Registration & Networking begins at 5:30pm
Presentation begins at 6:00 pm

Meeting Location and Directions:

CIGNA

2 Grand Central Tower
140 East 45th Street, 38th Floor
New York, NY 10017
Between 3rd Ave. and Lexington Ave.

*Take MTA subway (4,5,6, 7 or 6 lines)
or Metro North to Grand Central/42nd
Street.*

PHOTO ID and pre-registration is required to enter the building!

Registration Form
The Five O’Clock Club presentation on Building Career Insurance
Please R.S.V.P. by April 15th (5pm)

Please Print

Name _____
Company _____
Address _____
City/State/Zip _____
Telephone (____) _____
Fax (____) _____
E-Mail _____

____ Please update my information listed above
____ I am interested in volunteering at this event or a future event
____ Please send me membership information

NY Metro Area Chapter Meeting Costs: *Member*–Free *Non-Member*–\$20 Fee (our usual \$35 fee has been reduced to \$20 for this one program only). Tax ID #: 13-3293220

Registration by Telephone/Fax/E-Mail:

Telephone/Fax: (973) 448-0022
E-Mail: Silent@worldnet.att.net

Registration/Payment (Check) by Mail:

New York Metro Area Chapter – ISCEBS
c/o Silent Secretary
P.O. Box 381
Stanhope, NJ 07874

Payment via Pay Pal

Payment can be made via Pay Pal or credit card by visiting www.iscebs.org/nymetro.
Please note that if paying by Pay Pal or credit card, you still need to submit this registration form via email or fax as noted above.

Confirmations will be emailed (or faxed if an email address is not provided or on file) approximately one week before the meeting.

For questions please contact:

Arthur Grutt, CEBS
The Cambridge Organization
212-695-7495 x14

Sponsored by the New York Metropolitan Area Chapter of the International Society of Certified Employee Benefit Specialists (ISCEBS), a nonprofit organization that serves as an educational resource for certified employee benefit specialists and others in the employee benefits community.